

Isn't ADHD just an excuse for laziness?



People with ADHD may focus very well on a preferred activity yet are unable to demonstrate that same kind of focus and self-management for their schoolwork or job.

These ADHD symptoms are the result of neural messages in the brain not being effectively transmitted unless the activity or task is something very interesting to them.





Neural messages related to tasks that interest the person with ADHD tend to be strong, bringing intensified emotion.

For tasks perceived as less interesting (consciously or unconsciously), the neural messages tend to be weaker.





If the neural messages are not sufficient enough to activate a person, it is likely to make them seem unmotivated or lazy.

Learn more at ADHDAwarenessMonth.org