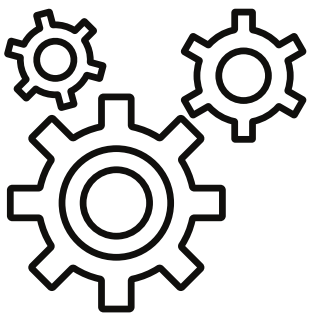
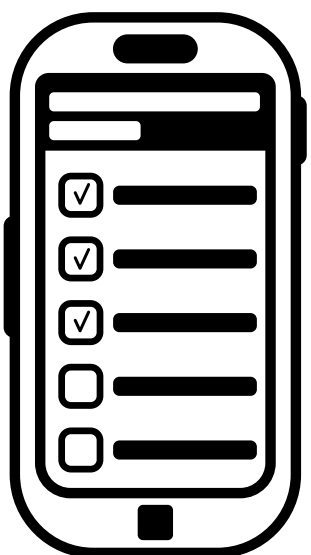
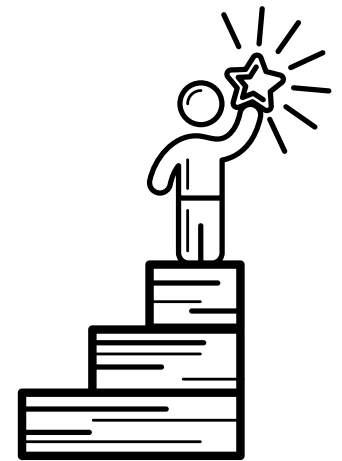


Why should I consider parent training?



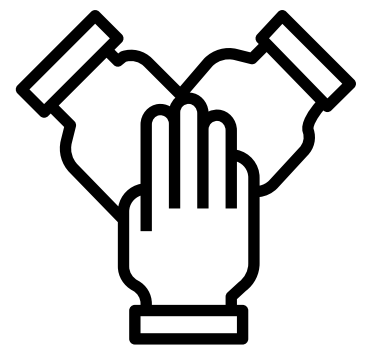
Parent training has been proven to be a successful method to create and sustain behavioral change for kids and families living with ADHD.

Parent training gives parents the techniques, strategies, and confidence to empower their children and teens for success at home and school.



Children and teens with ADHD depend on parents to teach them the tools for key executive functioning skills such as self-regulation, initiation, time management, goal-directed persistence, and organization that they need for successful daily living.

Parent training programs are most effective when they focus on collaboration as a way to improve cooperation and build on the positive parts of the parent-child relationship.



Learn more at ADHDAwarenessMonth.org