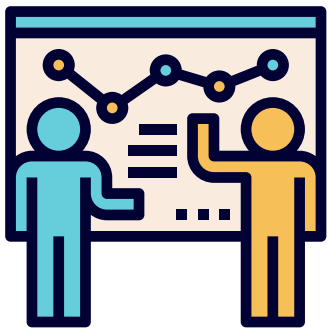


What does a comprehensive treatment plan look like/include for children?



After diagnosis by a specialist, a comprehensive treatment plan should include a full explanation of the condition and the available treatments in understandable terms.

Another important aspect is assessing for any other problems for learning, behavioral and emotional life that are associated with or complicate ADHD.



Interventions to be considered are medication and/or evidence-based psychological treatment such as cognitive behavioral therapy (CBT), potential benefits and harms, and how to access them if recommended.

The treatment plan should include advice on education, exercise, and diet, as well as information on local and national support groups.



Learn more at ADHDAwarenessMonth.org